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CO Reports

CO Exposure Chart

<u>Concentration of CO in air</u>	<u>Inhalation time and toxic developed</u>
50 parts per million (ppm)	Safety level as specified by the Health and Safety Executive
200 PPM	Slight headache within 2-3 hours
400 PPM	Frontal headache within 1-2 hours, becoming widespread in 3 hours
800 PPM	Dizziness, nausea, convulsions within 45 minutes, insensible in 2 hours

Carbon Monoxide Reports

Report

[05-186](#)

[06-114](#)

[06-312](#)

[06-521](#)

Synopsis

Live fire training

SCBA use necessary on every fire
Crews endangered by false reading from uncalibrated CO monitor.

SCBA Misuse